

# A blessing as you leave this home.

by Helen Cottee



As you leave this home  
To find what  
Can only be found  
Outside of these walls:

May your eyes be able to see  
The whimsical path  
That will lead you  
To wholehearted joy.

May your ears be attuned to the  
Beat of your own drum  
And the call of your own soul.

May your mind  
Stay committed  
To choosing agency  
Above duty;  
And 'could' over 'ought'.

May your heart  
be always open  
And ready to receive love  
In all its forms.

May your instinct guide you to  
Open pastures  
And even more open skies.

May you find rest and take rest.  
May you find joy  
And immerse in it.

May you find the kind of quiet  
In which you can  
Hear yourself think.  
And may that thinking lead  
To bursts of creativity  
With the world as your canvas.

May you receive the gift  
Of time, of abundance,  
Of pleasure and of peace.

And may you know how to  
Drink richly of these gifts,  
Before passing the communion cup  
To those around you  
Who are thirsty for more.

And as you leave this home  
and walk this path,  
May you always have  
Exactly the right number  
Of someones or no-ones  
By your side  
That you never feel  
Forgotten or alone.

And may you emerge  
At the end of this journey  
a new creation -  
Able to soar above it all  
And see the world  
As she should be.

